

APPEAL:

As those who visit the Sophia School Of Movement (.org) website know, Kelly Calegar has throughout the years **posted weekly audio files of Dr. Robert Powell's podcasts on her website**. At the time of writing this appeal (February 2026), **there are 257 podcasts now posted by Kelly on her website**.

As a separate (but related) ongoing project, **proofread transcriptions of the podcasts have been created by Lesley King**, which are available from Kelly upon request. Lesley's transcripts have all been produced from the audio files posted on Kelly's website, and her transcripts have been proofread for their accuracy—proofread in relation to the posted audio files.

So far Lesley has provided **proofread transcripts** up to and including past podcasts up to 189, and also recent podcasts from 250 onward.

However, *checkers* for Robert's podcasts from 190 to 249 are needed in order to proofread—and where necessary correct—these transcripts. This is a temporary measure needed to bring the transcripts up-to-date.

This proofreading entails checking over these (hitherto non-proofread) transcripts from 190 to 249. The checking over is accomplished by way of having a *printout* of a non-proofread transcript in front of one and simultaneously listening to the corresponding audio file of that podcast posted on Kelly's website. **The proofreading consists of writing down on the transcript whenever a deviation from the posted audio file of that podcast is heard. The moment a deviation is heard, the correction needed to correct that deviation has to be written down.**

After having written down these corrections—corrections made in order to bring the existing non-proofread transcripts into exact alignment with the posted audio files—then these handwritten corrections can be entered into the online version of the transcript, **thus resulting in the proofread version of that transcript**.

Note that anyone volunteering to be a *checker* will be sent (upon request) the transcripts they will need to print for their work.

Thanks to the conscientious checking and editing work of Lesley, **proofread transcriptions** of 75% of Robert's podcasts, at the time of writing (February 2026), are available.

To be clear, Lesley has provided the **proofread transcriptions** up to number 189—and now from 250 onward—by way of carefully checking and, where necessary, editing each transcript in relation to the **podcast audio files** posted (and freely available) on the Sophia School of Movement website.

Note that Lesley's editing includes writing at the head of each transcript an overview of the content of the transcribed podcast.

If you would be able help with the realization of this goal, by way of checking and editing *one or more* transcripts and, in conjunction with listening to the audio file while going over the transcript, making any necessary corrections to the non-proofread transcripts 190 to 249, this would be most helpful.

Please let RP know if you would be able to help with producing proofread, corrected transcriptions in the way described above.

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